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"Modern Medicine; Old-Fashioned Care"

Travel Vaccine Planner

(Kindly complete this planner and mail, fax, or email to us 4-6 weeks in advance of travel to ensure that we have the information needed to protect your health while you are away.)

Traveler's full name: _____ DOB _____

Contact phone # _____

Email address _____ I will have access to my email while traveling

Departure date: _____ Return date: _____

List all the countries and cities on your itinerary in the order you will be visiting:

Visiting areas outside major cities? Yes No

PLEASE bring BOTH your childhood and adult immunization/yellow immunization record AND current list of medications to the first travel appointment.

Contact While Traveling-someone who will know how to contact you during travel

Name: _____

Address: _____

Phone: _____ E-mail: _____

For In-Office Use

Immunization Work Sheet – Information from Immunization Records or Yellow book

Routine Vaccines	General Recommendations	Dates
Tetanus/Diphtheria or Tdap (Tetanus/Diphtheria/Pertussis)	Every 10 years	Last dose:
MMR (Measles, Mumps, Rubella)	Two doses after the age of 1 or born before 1957 or history of diseases	#1 #2
Varicella (Chicken pox)	History of disease OR one dose of vaccine if given before 13 th birthday OR two doses if given after 13 th birthday	
Polio	Childhood series of at least 3 doses Adult booster for some travelers	
Hepatitis B	Series of 3 doses	
Influenza	Given yearly	
<i>Travel Vaccines</i>	Date(s) Given	
Hepatitis A (series of 2)		
Typhoid	oral or injectable?	
Rabies		
Meningococcal	Menomune or Menactra?	
Yellow Fever		
Japanese Encephalitis		
Twinrix (Hep A/B)		

Vaccines/Medications to be considered: Recommendations vary by country- Check web site.

Vaccine	Request	Maybe	Questions for the travel provider:
Tetanus/Diphtheria or Tdap			
MMR (Measles, Mumps, Rubella)			
Varicella			
Polio			
Hepatitis A			
Hepatitis B			
TwinRix (Hep A/B)			
Typhoid			
Rabies			
Meningococcal			
Yellow Fever			
Influenza			
Japanese Encephalitis			
Malaria Prophylaxis			
Traveler's Diarrhea Treatment			